

*Labyrinth
Days
For Women
March 16th June 15th
September 14th
December 21st 2019*



Join us for a cycle of days of reflection and renewal in community at the Equinox and Solstice points of the year.

The Equinox and Solstice points mark the turning cycle of the seasons. Join us as we come together in circle to pause and reflect on how the symbols and myths from these threshold moments can inspire, support and nourish us. Our days are held in a beautiful and welcoming sacred space in North London with good links to public transport.

The days are open to women of all ages - no need to have walked a labyrinth before or even to know what one is! Together we create sacred space for personal exploration, creativity, soul nourishment and deep self connection. The days include simple ceremony, reflection, movement, bodywork and a candlelit walk on a beautiful, large Chartres labyrinth.

Places are limited & early booking is recommended.

The fee for each day is £95.

For further information & bookings call Jay on 07881 492342.

Call or email if you have any questions or would like more information.

The days will be led by Jay Edge. Jay is a Veriditas Labyrinth Facilitator and has been working with the Labyrinth for many years. She is an experienced group leader, has completed the BodySoul Leadership training with the Marion Woodman Foundation and works in private practice as a Psychosynthesis Psychotherapist, Supervisor and Trainer.

Further details on <http://www.journeyofthesoul.co.uk>